

2011/2012 Program

PROGRAM "A"								
AGE GROUP	Event 1		Event 2		Optional	Event 3	Event 4	
BOYS U6	70M	bs	100M	fs		DISC	LJ	
GIRLS U6	70M	bs	100M	fs		DISC	LJ	
BOYS U7	70M	bs	100M	fs		SP	HJ	3
GIRLS U7	70M	bs	100M	fs		SP	HJ	3
BOYS U8	70M	bs	400M	fs		DISC	LJ	
GIRLS U8	70M	bs	400M	fs		DISC	LJ	
BOYS U9	70M	bs	100M	fs		SP	HJ	1
GIRLS U9	70M	bs	100M	fs		SP	HJ	1
BOYS U10	70M	bs	400M	fs		DISC	TJ	
GIRLS U10	70M	bs	400M	fs		DISC	HJ	1
BOYS U11	70M	bs	400M	fs		DISC	TJ	
GIRLS U11	70M	bs	400M	fs		DISC	HJ	1
BOYS U12	70M	bs	400M	fs		SP	TJ	
GIRLS U12	70M	bs	400M	fs		JAV	LJ	
BOYS U13	1500M	c	100M	fs	1500W	SP	TJ	
GIRLS U13	1500M	c	100M	fs	1500W	JAV	LJ	
BOYS U14	1500M	c	100M	fs	1500W	SP	HJ	2
GIRLS U14	1500M	c	100M	fs	1500W	JAV	LJ	
BOYS U15 & U16	1500M	c	100M	fs	1500W	SP	HJ	2
GIRLS U15 & U16	1500M	c	100M	fs	1500W	JAV	LJ	

Walks will be optional for all athletes in U13 to U16

All Athletes to compete in 4 Events Only

Alternate Event if Walk not chosen is 1500M

PROGRAM "B"								
AGE GROUP	Event 1		Event 2		Optional	Event 3	Event 4	
BOYS U6	60M	bs	100M	bs		SP	ONTRACK	HJ3
GIRLS U6	60M	bs	100M	bs		SP	ONTRACK	HJ3
BOYS U7	60M	bs	100M	bs		DISC	LJ	
GIRLS U7	60M	bs	100M	bs		DISC	LJ	
BOYS U8	80H	fs	100M	bs		SP	HJ	1
GIRLS U8	80H	fs	100M	bs		SP	HJ	1
BOYS U9	80H	fs	400M	fs	1100W	DISC	LJ	
GIRLS U9	80H	fs	400M	fs	1100W	DISC	LJ	
BOYS U10	80H	fs	400M	fs	1100W	SP	HJ	1
GIRLS U10	80H	fs	400M	fs	1100W	SP	TJ	
BOYS U11	80H	fs	1500M	c	1500W	SP	HJ	1
GIRLS U11	80H	fs	1500M	c	1500W	SP	TJ	
BOYS U12	80H	fs	1500M	c	1500W	DISC	LJ	
GIRLS U12	80H	fs	1500M	c	1500W	DISC	TJ	
BOYS U13	80H	fs	400M	fs		JAV	LJ	
GIRLS U13	80H	fs	400M	fs		DISC	TJ	
BOYS U14	90H	fs	400M	fs		JAV	LJ	
GIRLS U14	80H	fs	400M	fs		DISC	HJ	2
BOYS U15 & U16	100H	fs	400M	fs		JAV	LJ	
GIRLS U15 & U16	90H	fs	400M	fs		DISC	HJ	2

Walks will be optional for all athletes in U9 to U12

U9 to U10 and U11 to U12 will be grouped together - All Athletes to compete in 4 Events Only

Alternate Event if Walk not chosen is 400M for U9-U10 and 1500M for U11-U12

2011/2012 Program

PROGRAM "C"								
AGE GROUP	Event 1		Event 2		Optional	Event 3	Event 4	
BOYS U6	60M	bs	200M	fs		DISC	LJ	
GIRLS U6	60M	bs	200M	fs		DISC	LJ	
BOYS U7	60M	bs	200M	fs		SP	HJ	3
GIRLS U7	60M	bs	200M	fs		SP	HJ	3
BOYS U8	400M	fs	200M	fs		DISC	LJ	
GIRLS U8	400M	fs	200M	fs		DISC	LJ	
BOYS U9	400M	fs	200M	fs		SP	TJ	
GIRLS U9	400M	fs	200M	fs		DISC	TJ	
BOYS U10	100M		200M	fs		SP	LJ	
GIRLS U10	100M		200M	fs		DISC	LJ	
BOYS U11	100M		200M	fs		JAV	LJ	
GIRLS U11	100M		200M	fs		JAV	LJ	
BOYS U12	100M		200M	fs		JAV	HJ	1
GIRLS U12	100M		200M	fs		SP	HJ	1
BOYS U13	800M	c	100M		1500W	DISC	HJ	2
GIRLS U13	800M	c	100M		1500W	SP	HJ	2
BOYS U14	800M	c	100M		1500W	DISC	TJ	
GIRLS U14	800M	c	100M		1500W	SP	TJ	
BOYS U15 & U16	800M	c	100M		1500W	DISC	TJ	
GIRLS U15 & U16	800M	c	100M		1500W	SP	TJ	

Walks will be optional for all athletes in U13 to U16

All Athletes to compete in 4 Events Only

Alternate Event if Walk not chosen is 800M

PROGRAM "T1" (Twilight 1)								
AGE GROUP	Event 1		Event 2		Optional	Event 3	Event 4	
BOYS U6	100M		70M	bs		SP	ONTRACK	HJ3
GIRLS U6	100M		70M	bs		SP	ONTRACK	HJ3
BOYS U7	100M		70M	bs		DISC	LJ	
GIRLS U7	100M		70M	bs		DISC	LJ	
BOYS U8	100M		70M	bs		SP	HJ	1
GIRLS U8	100M		70M	bs		SP	HJ	1
BOYS U9	100M		800M	c	1100W	DISC	LJ	
GIRLS U9	100M		800M	c	1100W	DISC	LJ	
BOYS U10	100M		800M	c	1100W	DISC	TJ	
GIRLS U10	100M		800M	c	1100W	DISC	HJ	1
BOYS U11	100M		800M	c	1500W	DISC	TJ	
GIRLS U11	100M		800M	c	1500W	DISC	HJ	1
BOYS U12	100M		800M	c	1500W	SP	TJ	
GIRLS U12	100M		800M	c	1500W	JAV	LJ	
BOYS U13	100M		200M	fs		SP	TJ	
GIRLS U13	100M		200M	fs		JAV	LJ	
BOYS U14	100M		200M	fs		SP	HJ	2
GIRLS U14	100M		200M	fs		JAV	LJ	
BOYS U15 & U16	100M		200M	fs		SP	HJ	2
GIRLS U15 & U16	100M		200M	fs		JAV	LJ	

Walks will be optional for all athletes in U9 to U12

U9 to U10 and U11 to U12 will be grouped together - All Athletes to compete in 4 Events Only

Alternate Event if Walk not chosen is 800M

2011/2012 Program

PROGRAM "T2" (Twilight 2)							
AGE GROUP	Event 1		Event 2		Event 3	Event 4	
BOYS U6	100M		70M	fs	DISC	LJ	
GIRLS U6	100M		70M	fs	DISC	LJ	
BOYS U7	100M		70M	fs	SP	HJ	3
GIRLS U7	100M		70M	fs	SP	HJ	3
BOYS U8	100M		70M	fs	DISC	LJ	
GIRLS U8	100M		70M	fs	DISC	LJ	
BOYS U9	100M		70M	fs	SP	HJ	1
GIRLS U9	100M		70M	fs	SP	HJ	1
BOYS U10	100M		70M	fs	SP	HJ	1
GIRLS U10	100M		70M	fs	SP	TJ	
BOYS U11	100M		70M	fs	SP	HJ	1
GIRLS U11	100M		70M	fs	SP	TJ	
BOYS U12	100M		400M	c	JAV	LJ	
GIRLS U12	100M		400M	c	DISC	TJ	
BOYS U13	100M		400M	c	JAV	LJ	
GIRLS U13	100M		400M	c	DISC	TJ	
BOYS U14	100M		400M	c	JAV	LJ	
GIRLS U14	100M		400M	c	DISC	HJ	2
BOYS U15 & U16	100M		400M	c	JAV	LJ	
GIRLS U15 & U16	100M		400M	c	DISC	HJ	2

PROGRAM "T3" (Twilight 3)							
AGE GROUP	Event 1		Event 2		Event 3	Event 4	
BOYS U6	60M	bs	200M	fs	SP	ONTRACK	HJ3
GIRLS U6	60M	bs	200M	fs	SP	ONTRACK	HJ3
BOYS U7	60M	bs	200M	fs	DISC	LJ	
GIRLS U7	60M	bs	200M	fs	DISC	LJ	
BOYS U8	60H	bs	200M	fs	SP	HJ	1
GIRLS U8	60H	bs	200M	fs	SP	HJ	1
BOYS U9	60H	bs	200M	fs	DISC	TJ	
GIRLS U9	60H	bs	200M	fs	SP	TJ	
BOYS U10	60H	bs	200M	fs	DISC	LJ	
GIRLS U10	60H	bs	200M	fs	SP	LJ	
BOYS U11	60H	bs	200M	fs	JAV	LJ	
GIRLS U11	60H	bs	200M	fs	JAV	LJ	
BOYS U12	60H	bs	200M	fs	DISC	HJ	1
GIRLS U12	60H	bs	200M	fs	SP	HJ	1
BOYS U13	300H		1500M	c	DISC	HJ	2
GIRLS U13	300H		1500M	c	SP	HJ	2
BOYS U14	300H		1500M	c	DISC	TJ	
GIRLS U14	300H		1500M	c	SP	TJ	
BOYS U15 & U16	300H		1500M	c	DISC	TJ	
GIRLS U15 & U16	300H		1500M	c	SP	TJ	