



FOLLOW THE
CALLS ON
TWITTER
ACCOUNT
WCLAC

"Supporting the local community"

Shop 120 Westfield Shopping Centre Plenty Valley
Ph: 03 9437 8650

NEWSLETTER
Fri. 2nd Dec. – Program T1

Welcome to week 11 of competition and this week we are following **Program T1**, commencing at 6pm. Unfortunately the weather last Saturday morning foiled another week of competition. Thank you to all athletes and families for your patience this season. **To make up for missed competition, we have scheduled an extra night of competition on TUESDAY 6TH DECEMBER from 6pm.**

Set Up, Pack Up & Clean Up: All clubs. Fundraising: Northern Stars.

PLEASE NOTE: ADDITIONAL COMPETITION ON SATURDAY 4TH FEBRUARY

In addition to Tuesday 6th December, to catch up on some lost competition due to the washouts this season, we have scheduled extra competition on Saturday 4th February commencing at 8.30am. Competition on Friday night 3rd February will still go ahead with a reduced program of 3 events per athlete. Please mark it on your calendars!!

**GOOD LUCK TO ALL OUR ATHLETES COMPETING AT THE WHITTLESEA CITY OPEN DAY
ON SUNDAY 4TH DECEMBER 2011.**

IMPORTANT DATES:

WCLAC OPEN DAY, MEADOWGLEN ATHLETICS STADIUM	4 DEC. 2011
NMR RELAY CHAMPIONSHIPS, WHITTLESEA CITY LAC	11 DEC. 2011
STATE RELAY CHAMPIONSHIPS, ALBERT PARK	28 JAN. 2012

NMR TRACK & FIELD CHAMPIONSHIPS, DIAMOND VALLEY	18-19 FEB. 2012
---	-----------------

Entries close: Fri. 16 Dec. 2011

STATE TRACK & FIELD CHAMPIONSHIPS, BENDIGO	24-25 MAR. 2012
--	-----------------

(For athletes who qualify at Region Track & Field Championships.)

For those athletes who have entered Region Relays this season, **please remember TRAINING is on Monday nights from 5pm – 6.30pm at the track. It is important you attend as many sessions as possible.**

Enquiries: Anthony Valle, Centre Team Manager, can be found in the MPSM area.

THE CENTRE UNIFORM MUST BE WORN AT ALL REGION AND STATE EVENTS.

The **NEW Centre Uniform** singlets and crop tops are available @ \$30 each from Cheryl Duff in the clubrooms. These must be worn with plain black shorts or bike pants.



NORTHERN METRO REGION TRACK AND FIELD CHAMPIONSHIPS

18TH – 19TH FEBRUARY, 2012

DIAMOND VALLEY LAC, GREENSBOROUGH

ENTRY FORMS AVAILABLE ON OUR WEBSITE www.whittleseacitylac.org.au

Athletes U9 to U15 who enter high jump, walks or triple jump, must meet certain criteria.

PLEASE NOTE: U6s and U16'S DO NOT COMPETE FOR REGION OR STATE TRACK AND FIELD.

U7s and U8s compete for medals at Region and do not compete at State Championships.

The **Centre Handbook** can be found on our website www.whittleseacitylac.org.au so please ensure you take the time to read the information, especially the Codes of Behaviour which must be strictly adhered to.

Individual Clubs are responsible for keeping their surrounding club areas clear of litter/rubbish.



REGISTRATION TAGS:

The registration tag must be worn each week, so you need to securely attach them on to the athlete's uniform. Children will not be permitted to compete if they are not wearing their tag. If you require a replacement tag at any time during the season, please see Cheryl Duff in the clubrooms and the cost will be \$5.00, with all monies being donated to the Royal Children's Hospital.

CENTRE FUNDRAISER - BUNNINGS BBQ @ EPPING

Thank you to the families who assisted with the Bunnings BBQ on Sunday 27th November. We raised approx. \$1200 which is fantastic.

State Multi-Event Championships – Thank you message from Matt Collister, LAVic.

On behalf of the Board of Management and the Competition Committee, I would like to thank your athletes, officials and Team Managers for their assistance throughout the recent State Multi-Event Championships at Lakeside Stadium last weekend. What was also extremely pleasing was the feedback received from Chief Officials regarding the attitude and conduct of the Centre Officials who assisted over the weekend. We received a lot of feedback that these officials were very competent and assisted without hesitation and we would like you to pass on our thanks to those people. We hope your athletes enjoyed the event and we look forward to seeing you at future events this season and beyond. Full results are available on the LAVic website, and photos are now available on the Sports in Focus website www.sportsinfofocus.com.au. Result cards that were not collected on the day were posted out to Regions last week.

Reminders:

- Unless you are officiating or competing at an event, you must NOT be inside the arena. Athletes MUST cross the track at the witch's hats.
- The Skate Park, sheds and trees behind the grandstand are out of bounds. Scooters, bikes, animals and ball games are not permitted in any part of the track.
- Little Athletics has a NO SMOKING and NO ALCOHOL Policy; breaches of this have serious consequences. Smokers are permitted to smoke outside the track in the back car park. Please dispose of butts appropriately.

COMPETITION CANCELLATIONS:

In the event that Athletics is cancelled due to weather conditions, we ask that you check the Whittlesea City Website and your Club's website before ringing your Club's Committee Members. Any cancellation decisions will not be made until approx. 1 hour prior to competition.

WORKING BEE:

Thank you to the families who assisted with the working bee on Sunday 27th November. The pole vault mats have now been put into place and the storage sheds are now organised and looking great.

SPIKES:

Please remind all U12 – U16 athletes that wish to wear spikes during the season to register their spikes with Cheryl Duff at the window of the clubrooms. Also, please remove spikes at the completion of your event – they are not to be worn on the outside of the track.

UNIFORM:

Please ensure all children are wearing the correct club uniform. The IGA patch should also be attached to the back of the uniform top. Please remind the children to remove pants and/or jackets when competing as only their uniform must be worn. Please make sure that shorts are 10cm above the knee. To support our Sun Smart Policy, hats can be worn while competing.

Junior Development Squad for U12 – U15 Athletes:

For more information go to www.lavic.org.au

WHITTLESEA CITY ATHLETICS CLUB – SENIORS COMPETITION

Competition this week will be held on Saturday 3rd December from 1.30pm at Lakeside Stadium, Albert Park. Information and the weekly newsletter are available on the Whittlesea City website.

Training for Seniors is available as follows:

Monday 5pm – 6.30pm, Tuesday 6.30pm – 8pm and Thursday 6.30pm – 8pm.

For more information please contact: Caroline Peachey on 0430 474 281 (after 4.30pm) email: peacheyc@tpg.com.au or Nick Magnisalis on 0417 383 191 email: nick.magnisalis@bigpond.com

OPEN INVITATION!!

Southern Peninsula Little Athletics Centre would like to invite all Little Athletes registered with LAVic to join them for 2 meets over the Christmas break!!

1st meet – Friday January 13th for a Twilight meet commencing at 5.30pm.

2nd meet – Saturday January 21st commencing at 9.00am.

TO BE HELD AT TRUEMANS RD RECREATION RESERVE, TOOTGAROOK, VIC

Results tickets will be provided for all competing athletes to take back to their home centre for recording purposes. This is a great opportunity for our centre to welcome all Victorian athletes to compete at our great venue!! There is no cost to compete and the added bonus is being so close to the beach!

Standard competition regulations will apply and in the event of a dispute our chief referee will be present. **Attending parents will be required to help with officiating at events and with age group leaders.

For more information or to register, please call David on 0438 987 448 or email southernpeninsula@lavic.com.au

Southern Peninsula Little Athletics Centre also runs the Rye Junior Gift on Saturday 14th January at RJ Rowley Reserve, Rye. Entry forms available on our website or the LAVic website.

CONGRATULATIONS TO MADDISON COWEN (U11G)

for being this week's Junior Sports Star Nominee in the Whittlesea Leader Newspaper.

If you have something you would like to contribute or mention in the Centre Newsletter please email Narelle Cullen, Assistant Centre Secretary on narellechris1@bigpond.com. OR Cheryl Duff, Centre Secretary on Cheryl.duff@bigpond.com

