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NEWSLETTER

3rd & 4th Feb. – Program T1 & B

Welcome to week 15 of competition. Tonight will be a reduced program with 3 events per athlete, as we have our make up competition tomorrow morning. We are following a shortened **Program T1** tonight and tomorrow we are following a variation of **Program B**.

Set Up, Pack Up & Clean Up: All clubs. Fundraising: MG/Lalor tonight.

UNLESS YOU ARE OFFICIATING OR COMPETING AT AN EVENT, PLEASE REMAIN OUTSIDE OF THE ARENA.

STATE RELAY CHAMPIONSHIPS: CONGRATULATIONS TO OUR MEDAL WINNING TEAMS!!!

U14MS 4 x 100m & 4 x 200m (Jamie, Jake, Brianna & Keely) – GOLD MEDALS

U14G 4 x 200m (Larissa, Shannon, Keely & Brianna) – SILVER MEDAL

Congratulations to all of the athletes who competed at the State Relay Championships, on January 28th at Lakeside Stadium, Albert Park. Thank you to Anthony Valle, Frank Peachey, Caroline Peachey & all the parent helpers who assisted on the day with allocated duties. Results are below:

- U9B 4x200m A team – 10th
- U9B 4x100m A team – 9th
- U10B 4x100m A team – 9th
- U10B 4x200m A team – 6th
- U11B 4x100m A team – 7th
- U15B 4x200m A team - DQ
- U9G 4x100m A team – 16th
- U10G 4x200m A team – 16th
- U12G Medley A team – 7th
- U15G 4x100m A team - SCR
- U15G 4x200m A team - SCR
- U9MS 4x100m A team – 12th
- U9MS 4x100m B team – 20th
- U11MS 4x100m A team – 8th
- U11MS 4x200m A team – 4th
- U13MS 4x100m A team – 12th
- U15MS 4x100m A team – 7th
- U15MS 4x100m B team - SCR



CALLING ALL STARTERS!!

Whittlesea City is need of more Starters. If you are interested in learning, training can be given during normal competition days. Courses will also be available through LA Vic later this year. Please contact Caroline Peachey on 0430 474 281 for more information.

THE CENTRE UNIFORM MUST BE WORN AT ALL REGION AND STATE EVENTS.

The **NEW Centre Uniform** singlets and crop tops are available @ \$30 each from Cheryl Duff in the clubrooms. These must be worn with plain black shorts or bike pants.

IMPORTANT DATES:

NMR TRACK & FIELD CHAMPIONSHIPS, DIAMOND VALLEY	18-19 FEB. 2012
<u>Entries closed.</u>	
STATE TRACK & FIELD CHAMPIONSHIPS, BENDIGO	24-25 MAR. 2012
<u>(For athletes who qualify at Region Track & Field Championships.)</u>	
WHITTLESEA CITY CHAMPIONSHIP WEEKEND, MEADOWGLEN	17-18 MAR. 2012
<u>(Entries close 24 Feb. 2012)</u>	

The **Centre Handbook** can be found on our website www.whittleseacitylac.org.au so please ensure you take the time to read the information, especially the Codes of Behaviour which must be strictly adhered to.

REGISTRATION TAGS:

The registration tag must be worn each week, so you need to securely attach them on to the athlete's uniform. Children will not be permitted to compete if they are not wearing their tag. If you require a replacement tag at any time during the season, please see Cheryl Duff in the clubrooms and the cost will be \$5.00, with all monies being donated to the Royal Children's Hospital.

CHAMPIONSHIP WEEKEND: 17-18 March, 2012

For those of you who are new to the Centre, Championship weekend gives the kids an opportunity to select up to 4 of their favourite events to compete in at a cost of \$5 per event. Athletes can enter the events they compete in each weekend and compete for medals. A list of events is available on the back of the entry form. Entry forms are now available on our website and your club will also have copies available. Entries must be handed in to your clubs by the 25th February. No late entries will be accepted.

For an athlete to be eligible to enter, they must have competed 50% of competition since registration. Championship weekend is a fun weekend for the kids and at the conclusion of events on Sunday, the Centre will do presentations of trophies for the season. So even if you can't compete on the weekend, please make the effort to come down on Sunday around 2pm so that your child can receive their trophy (if they have qualified for one).

Individual Clubs are responsible for keeping their surrounding club areas clear of litter/rubbish.



CROSS COUNTRY

URGENT: We still require a Cross Country Coordinator for this season. If we don't have anyone to co-ordinate Cross Country then it will not run. It would be a shame for the kids to miss out. For further information, please see Cheryl Duff in the clubrooms.

Reminders:

- Unless you are officiating or competing at an event, you must NOT be inside the arena. Athletes MUST cross the track at the witch's hats.
- The Skate Park, sheds and trees behind the grandstand are out of bounds. Scooters, bikes, animals and ball games are not permitted in any part of the track.
- Little Athletics has a NO SMOKING and NO ALCOHOL Policy; breaches of this have serious consequences. Smokers are permitted to smoke outside the track in the back car park. Please dispose of butts appropriately.

COMPETITION CANCELLATIONS:

In the event that Athletics is cancelled due to weather conditions, we ask that you check the Whittlesea City Website and your Club's website before ringing your Club's Committee Members. Any cancellation decisions will not be made until approx. 1 hour prior to competition.

SPIKES:

Please remind all U12 – U16 athletes that wish to wear spikes during the season to register their spikes with Cheryl Duff at the window of the clubrooms. Also, please remove spikes at the completion of your event – they are not to be worn on the outside of the track.

UNIFORM:

Please ensure all children are wearing the correct club uniform. The IGA patch should also be attached to the back of the uniform top. Please remind the children to remove pants and/or jackets when competing as only their uniform must be worn. Please make sure that shorts are 10cm above the knee. To support our Sun Smart Policy, hats can be worn while competing.

Junior Development Squad for U12 – U15 Athletes:

For more information go to www.lavic.org.au



Hey...we're on Facebook. Check out more photos from State Relays on the Whittlesea City Little Athletics page.

WHITTLESEA CITY ATHLETICS CLUB – SENIORS COMPETITION

Competition this week will be held on Saturday 4th February from 4pm at Essendon. Information and the weekly newsletter are available on the Whittlesea City website. If you are thinking of joining Seniors next season, you have the opportunity to compete as an invitation. This is our last week of competition for the season with Shield Finals scheduled for the following week. Good luck everyone.

Training for Seniors is available as follows:

Monday 5pm – 6.30pm, Tuesday 6.30pm – 8pm and Thursday 6.30pm – 8pm.

For more information please contact: Caroline Peachey on 0430 474 281 (after 4.30pm) email: peacheyc@tpg.com.au or Nick Magnisalis on 0417 383 191 email: nick.magnisalis@bigpond.com

If you have something you would like to contribute or mention in the Centre Newsletter please email Narelle Cullen, Assistant Centre Secretary on narellechris1@bigpond.com. OR Cheryl Duff, Centre Secretary on Cheryl.duff@bigpond.com

BE your BEST
Little Athletics

